



# Resultatliste

# Strindheim Stafetten

Vi gjer oppmerksom på at det kan vere feil i nokre få etappetider i yngre klasser. På grunn av at enkelte lag hadde skifta nummer utan å gjere arrangøren merksam på dette vart det i enkelte tilfeller vanskeleg å få rett tid ved veksling. Det var 160 lag med og når veldig mange lag passerer veksling samstundes kan det og skje feil sjølv på nyårsafta.

Dette ber vi audmjukt om orsaking for

Vi er derimot svært stø på at slutt tider og rekkefølge er riktig. Dette sikra vi gjennom to uavhengige noteringar av rekkefølge i tillegg til tidtaker staben sin registrering.

Djr    DSen    G13-14    G15-16    J13-14    J15-16    MJr    MSen    MVet

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>DJr</b>							
1	Børsa IL/Lundamo IL lag 1 (81)			46:45			
	1 Ida Uvsløkk Normann	17:37 4	01:02	17:37 4	01:02		
	2 Anne Kjersti Kalvå	14:01 1	00:00	31:38 1	00:00	3	
	3 Tonje Uvsløkk Haugen	15:07 1	00:00	46:45 1	00:00	0	
2	IL Varden lag 1 (83)			49:40	02:55		
	1 Charlotte Myhre	17:44 5	01:09	17:44 5	01:09		
	2 Ida Sonflå	15:42 2	01:41	33:26 3	01:48	2	
	3 Helene Albertsen Dahlen	16:14 2	01:07	49:40 2	02:55	1	
3	Budal/Sokna IL lag 1 (85)			49:57	03:12		
	1 Heidi Hyttthaug	16:38 2	00:03	16:38 2	00:03		
	2 Elisabeth Børset	16:43 4	02:42	33:21 2	01:43	0	
	3 Oda Fagerbekk	16:36 4	01:29	49:57 3	03:12	-1	
4	IL Varden/Mosvik lag 1 (86)			50:37	03:52		
	1 Vilde Buhrkall	17:31 3	00:56	17:31 3	00:56		
	2 Tonje Skjelstadås	16:31 3	02:30	34:02 4	02:24	-1	
	3 Margrethe Lillevold	16:35 3	01:28	50:37 4	03:52	0	
5	Byåsen IL lag 1 (84)			51:22	04:37		
	1 Karoline Wollan	16:35 1	00:00	16:35 1	00:00		
	2 Mari Dahl Benum	18:04 6	04:03	34:39 5	03:01	-4	
	3 Ida Klungerbo	16:43 5	01:36	51:22 5	04:37	0	
6	Steinkjer Skiklubb lag 1 (82)			53:00	06:15		
	1 Ingvild Aksnes	18:48 6	02:13	18:48 6	02:13		
	2 Ingebjørg Øksnes	17:06 5	03:05	35:54 6	04:16	0	
	3 Ingeborg Eian	17:06 6	01:59	53:00 6	06:15	0	
DNF	Buvik il/Krokstadøra IL/Meldal lag 1 (87)						
	1 Hanne Løseth	18:07	01:32	18:07	01:32		
	2 Marthe Berg	15:58	01:57	34:05	02:27	0	
	3						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>DSen</b>							
1	Byåsen IL lag 1 (31)			45:01		00:00	
	1 Silje Dahl Benum	15:59 3	00:34	15:59 3	00:34		
	2 Kristin Mürer Stemland	14:19 1	00:00	30:18 1	00:00	2	
	3 Kristin Mürer Stemland	14:43 1	00:00	45:01 1	00:00	0	
2	Byaasen Skiklub lag 1 (33)			45:28		00:27	
	1 Maria S. Nakstad	15:58 2	00:33	15:58 2	00:33		
	2 Ingeranne S. Nakstad	14:43 3	00:24	30:41 2	00:23	0	
	3 Martine R. Lehn	14:47 3	00:04	45:28 2	00:27	0	
3	Strindheim IL lag 1 (32)			45:48		00:47	
	1 Bettina Gruber	15:25 1	00:00	15:25 1	00:00		
	2 Ingrid Lorvik	15:40 4	01:21	31:05 3	00:47	-2	
	3 Katarina Johansen	14:43 1	00:00	45:48 3	00:47	0	
4	Henning Skilag lag 1 (34)			47:25		02:24	
	1 Hanne Bøgseth	16:41 4	01:16	16:41 4	01:16		
	2 Tina Bøgseth	14:34 2	00:15	31:15 4	00:57	0	
	3 Solveig Bøgseth	16:10 4	01:27	47:25 4	02:24	0	
5	Strindheim IL lag 2 (35)			52:29		07:28	
	1 Christine Dahl	17:54 5	02:29	17:54 5	02:29		
	2 Marit Ulsund	17:18 5	02:59	35:12 5	04:54	0	
	3 Astrid Øvstedal	17:17 5	02:34	52:29 5	07:28	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>G13-14</b>							
1	Steinkjer Skiklubb lag 1 (167)			21:45		00:00	
	1 Sondre Thorp-Hynne	07:34 6	00:26	07:34 6	00:26		
	2 Eirik Wekre	07:46 14	01:04	15:20 7	01:02	-1	
	3 Thomas Hjelde	06:25 2	00:02	21:45 1	00:00	6	
2	Team Oppdalsbanken lag 1 (171)			21:46		00:01	
	1 Markus Rise	08:13 11	01:05	08:13 11	01:05		
	2 Sigurd Mellemsæter	07:10 7	00:28	15:23 8	01:05	3	
	3 Fredrik Frich	06:23 1	00:00	21:46 2	00:01	6	
3	Leik IL Ski lag 1 (166)			22:01		00:16	
	1 Jonas Unsgård	07:26 4	00:18	07:26 4	00:18		
	2 Erik Ysland	06:52 2	00:10	14:18 1	00:00	3	
	3 Even Unsgård	07:43 15	01:20	22:01 3	00:16	-2	
4	Byaasen Skiklub lag 2 (176)			22:04		00:19	
	1 Håvard Eidsmo	07:49 8	00:41	07:49 8	00:41		
	2 Magnus Gjersvold Haug	07:09 5	00:27	14:58 2	00:40	6	
	3 Sigurd Fjærtøft Andersen	07:06 7	00:43	22:04 4	00:19	-2	
4	Byåsen IL lag 2 (175)			22:04		00:19	
	1 Oscar Otterlei	07:19 3	00:11	07:19 3	00:11		
	2 Torbjørn Heggem	07:44 13	01:02	15:03 3	00:45	0	
	3 Kristian W. Rofstad	07:01 6	00:38	22:04 4	00:19	-1	
6	Byaasen Skiklub lag 1 (165)			22:08		00:23	
	1 Benjamin Gjøl Dahle	07:08 1	00:00	07:08 1	00:00		
	2 Aksel Schive	08:06 17	01:24	15:14 5	00:56	-4	
	3 Kjetil Mølnevik	06:54 3	00:31	22:08 6	00:23	-1	
7	IK Rindals-Troll/Surnadal IL lag 1 (161)			22:30		00:45	
	1 Torstein Heggem	08:25 12	01:17	08:25 12	01:17		
	2 Hans Ole Røen Halle	07:07 4	00:25	15:32 10	01:14	2	
	3 Kristoffer Berset	06:58 5	00:35	22:30 7	00:45	3	
8	Byåsen IL lag 3 (180)			22:41		00:56	
	1 Martin Buvarp	07:55 9	00:47	07:55 9	00:47		
	2 Erlend Austgulen	07:09 5	00:27	15:04 4	00:46	5	
	3 Sondre Olsen	07:37 14	01:14	22:41 8	00:56	-4	
9	Heimdal Ski lag 1 (163)			22:47		01:02	
	1 Alexander Kolstad	07:27 5	00:19	07:27 5	00:19		
	2 Kristoffer Høidalen	08:07 19	01:25	15:34 12	01:16	-7	
	3 Alexander Kolstad	07:13 8	00:50	22:47 9	01:02	3	
10	Skatval Skilag lag 1 (162)			22:57		01:12	
	1 Ole Wanvik Haugen	08:58 21	01:50	08:58 21	01:50		
	2 Rasmus Lie	06:42 1	00:00	15:40 14	01:22	7	
	3 Jonas Maalø	07:17 10	00:54	22:57 10	01:12	4	
11	Heimdal Ski lag 2 (177)			23:21		01:36	
	1 Vegar Selnæs	08:27 14	01:19	08:27 14	01:19		
	2 Oskar Spets Storhov	07:20 10	00:38	15:47 15	01:29	-1	
	3 Vegar Selnæs	07:34 13	01:11	23:21 11	01:36	4	
12	Hommelvik IL lag 2 (187)			23:30		01:45	
	1 Marius Moe Renå	08:00 10	00:52	08:00 10	00:52		
	2 Jørgen Valleraunet	07:17 9	00:35	15:17 6	00:59	4	
	3 Sander Øwre Haugan	08:13 24	01:50	23:30 12	01:45	-6	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>G13-14</b>							
13	Byåsen IL lag 1 (168)			23:37		01:52	
	1 Håkon Grøtte	07:17 2	00:09	07:17 2	00:09		
	2 Philip Andre Olsen	08:08 20	01:26	15:25 9	01:07	-7	
	3 Erik Lundteigen Aune	08:12 21	01:49	23:37 13	01:52	-4	
14	Hommelvik IL lag 1 (186)			23:46		02:01	
	1 Vegard Fossli Stjern	08:27 14	01:19	08:27 14	01:19		
	2 Sigurd Bjørkli	07:11 8	00:29	15:38 13	01:20	1	
	3 Henrik Tuff	08:08 20	01:45	23:46 14	02:01	-1	
15	Melhus IL Ski lag 1 (164)			23:47		02:02	
	1 Simen Undlien Bruvoll	08:40 18	01:32	08:40 18	01:32		
	2 Edvin Grøtan Eriksen	06:53 3	00:11	15:33 11	01:15	7	
	3 Jaheel Mikael Sølvhaug	08:14 25	01:51	23:47 15	02:02	-4	
16	Strindheim IL lag 4 (183)			23:55		02:10	
	1 Jørn Troøyen	08:57 20	01:49	08:57 20	01:49		
	2 Vegard Bostad	07:38 12	00:56	16:35 18	02:17	2	
	3 Håvard Falch	07:20 12	00:57	23:55 16	02:10	2	
17	Strindheim IL lag 1 (170)			23:56		02:11	
	1 Henrik Tanem	08:30 17	01:22	08:30 17	01:22		
	2 Sander Blikra	07:28 11	00:46	15:58 16	01:40	1	
	3 Eimund Wallenius Hæreid	07:58 18	01:35	23:56 17	02:11	-1	
18	Orkdal IL Ski lag 1 (169)			24:10		02:25	
	1 Jan Inge S. Lynum	08:50 19	01:42	08:50 19	01:42		
	2 Ole Wormdal Staveli	08:06 17	01:24	16:56 21	02:38	-2	
	3 Jo Amund Skålholt	07:14 9	00:51	24:10 18	02:25	3	
19	Klæbu IL - Ski lag 1 (173)			24:24		02:39	
	1 Hans Petter Devle	08:25 12	01:17	08:25 12	01:17		
	2 Oliver Alfsvåg Hjeldnes	08:15 21	01:33	16:40 20	02:22	-8	
	3 Ola Oanes Solbakken	07:44 16	01:21	24:24 19	02:39	1	
20	Strindheim IL lag 2 (179)			24:48		03:03	
	1 Håkon Skaanes	07:44 7	00:36	07:44 7	00:36		
	2 Johannes B. Kirksæther	08:52 26	02:10	16:36 19	02:18	-12	
	3 Simen Hammer Olstad	08:12 21	01:49	24:48 20	03:03	-1	
21	Melhus IL Ski lag 2 (178)			24:49		03:04	
	1 Morten Bjerkaker	08:29 16	01:21	08:29 16	01:21		
	2 Håkon Krognnes	07:58 16	01:16	16:27 17	02:09	-1	
	3 Atle Undlien	08:22 26	01:59	24:49 21	03:04	-4	
22	IL Fjellørnen/Stadsbygd IL lag 1 (185)			25:06		03:21	
	1 Sondre Vårheim	08:59 22	01:51	08:59 22	01:51		
	2 Sander Johansen Strandheim	08:49 25	02:07	17:48 22	03:30	0	
	3 Håkon Fjærli	07:18 11	00:55	25:06 22	03:21	0	
23	Strindheim IL lag 5 (184)			25:34		03:49	
	1 Noah Berg	09:42 24	02:34	09:42 24	02:34		
	2 Arild Storvig Normann	08:57 27	02:15	18:39 25	04:21	-1	
	3 Jonas Bogen Øye	06:55 4	00:32	25:34 23	03:49	2	
24	Melhus IL Ski lag 3 (181)			26:22		04:37	
	1 Mathias Landmark	09:35 23	02:27	09:35 23	02:27		
	2 Idar Andersen	08:43 23	02:01	18:18 24	04:00	-1	
	3 Vilde Gjøvik	08:04 19	01:41	26:22 24	04:37	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>G13-14</b>							
25	Flå IL lag 1 (172)			26:38		04:53	
	1 Daniel Stevik	10:16 27	03:08	10:16 27	03:08		
	2 Sivert Røstum Bellingmo	08:28 22	01:46	18:44 26	04:26	1	
	3 Erik Birkeland	07:54 17	01:31	26:38 25	04:53	1	
26	Byneset IL - Ski lag 1 (174)			26:50		05:05	
	1 Jørgen Hoem	10:04 26	02:56	10:04 26	02:56		
	2 Olve Johansen Rye	07:52 15	01:10	17:56 23	03:38	3	
	3 Simon Vingen Vigtil	08:54 27	02:31	26:50 26	05:05	-3	
27	Strindheim IL lag 3 (182)			26:58		05:13	
	1 Håkon Presthus	10:03 25	02:55	10:03 25	02:55		
	2 Lars Rime Melhus	08:43 23	02:01	18:46 27	04:28	-2	
	3 Andreas Brutus Bruland	08:12 21	01:49	26:58 27	05:13	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>G15-16</b>							
1	IK Rindals-Troll lag 1 (115)			18:57		00:00	
	1 Jonas Nergård Tørset	06:57 16	00:29	06:57 16	00:29		
	2 Jo Svinsås	05:49 2	00:08	12:46 5	00:26	11	
	3 Vebjørn Trønsdal Bævre	06:11 9	00:21	18:57 1	00:00	4	
2	Inderøy IL Ski lag 1 (116)			18:58		00:01	
	1 Jonas Austad	06:30 3	00:02	06:30 3	00:02		
	2 Tølløv Trønsdal Lyngstad	05:50 3	00:09	12:20 1	00:00	2	
	3 Jørgen Sundfær Stubbe	06:38 21	00:48	18:58 2	00:01	-1	
3	Klæbu IL - Ski lag 1 (101)			19:00		00:03	
	1 Kristoffer By Vollset	06:28 1	00:00	06:28 1	00:00		
	2 Thomas Gravseth	06:41 17	01:00	13:09 12	00:49	-11	
	3 Magnus Telebond	05:51 2	00:01	19:00 3	00:03	9	
4	Leik IL Ski lag 1 (105)			19:03		00:06	
	1 Vegard Stav	06:40 5	00:12	06:40 5	00:12		
	2 Petter Nordby Kjelsberg	05:57 6	00:16	12:37 4	00:17	1	
	3 Aksel Eid	06:26 16	00:36	19:03 4	00:06	0	
5	IL Varden lag 1 (102)			19:08		00:11	
	1 Torstein Buan Røvik	07:02 18	00:34	07:02 18	00:34		
	2 Morten Torvik	06:15 13	00:34	13:17 14	00:57	4	
	3 Gaute Iversen	05:51 2	00:01	19:08 5	00:11	9	
6	Team Busketroll lag 1 (118)			19:11		00:14	
	1 Brynjar Forseth	06:42 7	00:14	06:42 7	00:14		
	2 Vebjørn Middtun	06:10 9	00:29	12:52 8	00:32	-1	
	3 Magnus Sundt Sivertsvold	06:19 11	00:29	19:11 6	00:14	2	
7	Byåsen IL lag 2 (119)			19:12		00:15	
	1 Erik Resell	06:30 3	00:02	06:30 3	00:02		
	2 Vegard Lyng	06:05 7	00:24	12:35 3	00:15	0	
	3 Øyvind Wiggen	06:37 20	00:47	19:12 7	00:15	-4	
8	Byåsen IL lag 1 (109)			19:16		00:19	
	1 Johannes Klæbo	06:54 12	00:26	06:54 12	00:26		
	2 Anders Quist Nyrnes	05:55 5	00:14	12:49 7	00:29	5	
	3 Christian Drøyvold	06:27 17	00:37	19:16 8	00:19	-1	
9	Heimdal Ski lag 1 (110)			19:23		00:26	
	1 Ole Kristian Haugen	06:44 9	00:16	06:44 9	00:16		
	2 Sigbjørn Martin Næss	06:29 14	00:48	13:13 13	00:53	-4	
	3 Tobias Eid Løvås	06:10 8	00:20	19:23 9	00:26	4	
10	Byåsen IL lag 3 (122)			19:27		00:30	
	1 Øystein Ellefsen Sjøli	06:29 2	00:01	06:29 2	00:01		
	2 Sigurd Pedersen	06:35 16	00:54	13:04 10	00:44	-8	
	3 Vemund Falch	06:23 13	00:33	19:27 10	00:30	0	
11	Steinkjer Skiklubb lag 1 (106)			19:28		00:31	
	1 Ola R. Rannem	06:53 11	00:25	06:53 11	00:25		
	2 Iver Anton Aune	05:54 4	00:13	12:47 6	00:27	5	
	3 Marius L. Melhus	06:41 22	00:51	19:28 11	00:31	-5	
12	Team Oppdalsbanken lag 1 (113)			19:31		00:34	
	1 Ola Ørstad Forbregd	06:55 14	00:27	06:55 14	00:27		
	2 Ludvig Killingberg	06:13 12	00:32	13:08 11	00:48	3	
	3 Magnus Brattbak	06:23 13	00:33	19:31 12	00:34	-1	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>G15-16</b>							
13	Jonsvatnet/Fossum lag 1 (114)			19:33		00:36	
	1 Simen Thune Rolfsen	06:54 12	00:26	06:54 12	00:26		
	2 Sebastian Aas	06:32 15	00:51	13:26 17	01:06	-5	
	3 Adrian Skar	06:07 6	00:17	19:33 13	00:36	4	
14	Orkdal IL Ski lag 1 (107)			19:35		00:38	
	1 Øystein Berdal	07:28 22	01:00	07:28 22	01:00		
	2 Martin Lund	06:08 8	00:27	13:36 18	01:16	4	
	3 Vegard Selvnæs	05:59 5	00:09	19:35 14	00:38	4	
15	Hommelvik IL lag 1 (128)			19:36		00:39	
	1 Jon Magnus Haugen	06:46 10	00:18	06:46 10	00:18		
	2 Jan Thomas Jenssen	05:41 1	00:00	12:27 2	00:07	8	
	3 Oliver Lillefjell	07:09 25	01:19	19:36 15	00:39	-13	
16	Stjørdals-Blink IL lag 1 (125)			19:38		00:41	
	1 Rolf Tore Hofstad	07:09 20	00:41	07:09 20	00:41		
	2 Ole Kristian Dullum Reum	06:12 11	00:31	13:21 15	01:01	5	
	3 Ole Tobias Dullum	06:17 10	00:27	19:38 16	00:41	-1	
17	Byaasen Skiklub lag 1 (103)			19:47		00:50	
	1 Kornelius Grøv	06:41 6	00:13	06:41 6	00:13		
	2 Halvor Melkiild	06:44 18	01:03	13:25 16	01:05	-10	
	3 Ivar Simonsen	06:22 12	00:32	19:47 17	00:50	-1	
18	Skatval Skilag - Skiskyting lag 1 (117)			19:49		00:52	
	1 Kasper Lie	07:06 19	00:38	07:06 19	00:38		
	2 Sander Hammer Berget	06:49 20	01:08	13:55 21	01:35	-2	
	3 Sverre Dahlen Aspenes	05:54 4	00:04	19:49 18	00:52	3	
19	Ranheim Skiklubb lag 1 (111)			20:06		01:09	
	1 John Gederaas Kanstad	06:43 8	00:15	06:43 8	00:15		
	2 Magne Undebakke	06:11 10	00:30	12:54 9	00:34	-1	
	3 Kristoffer Darell Lurvik	07:12 26	01:22	20:06 19	01:09	-10	
20	IL Fjellørnen/Stadsbygd IL lag 1 (126)			20:14		01:17	
	1 Sindre Johansen Strandheim	06:56 15	00:28	06:56 15	00:28		
	2 Lisa Bakøy Sunde	06:50 21	01:09	13:46 19	01:26	-4	
	3 Ole Petter Volden	06:28 18	00:38	20:14 20	01:17	-1	
21	Malvik IL - Ski lag 1 (108)			20:45		01:48	
	1 Sindre Skistad Thorsnes	07:53 24	01:25	07:53 24	01:25		
	2 Sivert Størseth	06:45 19	01:04	14:38 23	02:18	1	
	3 Ludvik Bjørnstad	06:07 6	00:17	20:45 21	01:48	2	
22	Melhus IL Ski lag 1 (124)			20:56		01:59	
	1 Filip Ekren	06:58 17	00:30	06:58 17	00:30		
	2 Eskil Johannes Havdal	06:52 22	01:11	13:50 20	01:30	-3	
	3 Lars Bakk Stjern	07:06 24	01:16	20:56 22	01:59	-2	
23	Team Oppdalsbanken lag 2 (123)			21:04		02:07	
	1 Sigurd Mjøen	07:15 21	00:47	07:15 21	00:47		
	2 Lars Ishoel Giskeødegård	06:54 23	01:13	14:09 22	01:49	-1	
	3 Vegard Mellemsæter	06:55 23	01:05	21:04 23	02:07	-1	
24	Orkdal IL Ski lag 2 (120)			21:07		02:10	
	1 Espen Staveli	07:37 23	01:09	07:37 23	01:09		
	2 Erlend Wormdal Staveli	07:07 24	01:26	14:44 24	02:24	-1	
	3 Erik Kvam	06:23 13	00:33	21:07 24	02:10	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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G15-16

25	Utleira IL lag 1 (112)			22:39		03:42	
	1 Øystein Størdal Martinussen	08:41 25	02:13	08:41 25	02:13		
	2 Even Kvalvær	08:08 26	02:27	16:49 26	04:29	-1	
	3 Hadrian Mjøsund Sletner	05:50 1	00:00	22:39 25	03:42	1	
26	IL Fjellønnen lag 1 (127)			23:09		04:12	
	1 Silje Ohma Dybdahl	08:46 26	02:18	08:46 26	02:18		
	2 Joakim Dyrendahl	07:47 25	02:06	16:33 25	04:13	1	
	3 Borgar Føll Flytør	06:36 19	00:46	23:09 26	04:12	-1	
DNS	Leik IL/Lundamo IL lag 1 (121)						
	1 Aksel Eid						
	2 Daniel Helgemo						
	3 Myhren Eivind						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>J13-14</b>							
1	Sokna IL - Ski lag 1 (229)			23:34		00:00	
	1 Anne Myhren	08:07 1	00:00	08:07 1	00:00		
	2 Siri Børseth	07:50 5	00:08	15:57 2	00:07	-1	
	3 Siri Beate Solbergløkk	07:37 3	00:40	23:34 1	00:00	1	
2	Steinkjer Skiklubb lag 1 (221)			23:54		00:20	
	1 Kjersti Dengerud	08:37 8	00:30	08:37 8	00:30		
	2 Frida Dahl	08:20 10	00:38	16:57 6	01:07	2	
	3 Sigrid Aune	06:57 1	00:00	23:54 2	00:20	4	
3	Melhus IL/Børsa IL lag 1 (224)			24:03		00:29	
	1 Une Adeline Haugen	08:32 7	00:25	08:32 7	00:25		
	2 Karen Uvsløkk Normann	07:54 6	00:12	16:26 5	00:36	2	
	3 Lone Johansen	07:37 3	00:40	24:03 3	00:29	2	
4	Strindheim IL lag 1 (223)			24:07		00:33	
	1 Torunn Taksgaard	08:07 1	00:00	08:07 1	00:00		
	2 Oda Enge Gravdal	07:43 2	00:01	15:50 1	00:00	0	
	3 Jenny Forbord	08:17 14	01:20	24:07 4	00:33	-3	
5	Byåsen IL lag 1 (222)			24:40		01:06	
	1 Dina Evjen Røset	08:08 3	00:01	08:08 3	00:01		
	2 Marthe Lien Johnsen	08:17 8	00:35	16:25 3	00:35	0	
	3 Tale D. Haugdal	08:15 13	01:18	24:40 5	01:06	-2	
6	Hommelvik IL lag 1 (240)			24:51		01:17	
	1 Ingvild Tønne Pedersen	08:41 10	00:34	08:41 10	00:34		
	2 Julie Valleraunet	07:44 3	00:02	16:25 3	00:35	7	
	3 Hedda Aksnes	08:26 15	01:29	24:51 6	01:17	-3	
7	Byåsen IL lag 2 (231)			25:03		01:29	
	1 Tiril S. Schive	09:25 18	01:18	09:25 18	01:18		
	2 Inga Landsem	07:42 1	00:00	17:07 8	01:17	10	
	3 Amalie Myhre	07:56 7	00:59	25:03 7	01:29	1	
8	Byåsen IL lag 5 (237)			25:38		02:04	
	1 Kristine Høgli	08:40 9	00:33	08:40 9	00:33		
	2 Anne Salberg Pedersen	08:19 9	00:37	16:59 7	01:09	2	
	3 Maria Felicia Kaasbøll	08:39 16	01:42	25:38 8	02:04	-1	
9	Byåsen IL lag 3 (234)			25:39		02:05	
	1 Kristin Moen	09:43 21	01:36	09:43 21	01:36		
	2 Synne Brovold	07:44 3	00:02	17:27 10	01:37	11	
	3 Ida Bye	08:12 11	01:15	25:39 9	02:05	1	
10	Byåsen IL lag 4 (236)			25:46		02:12	
	1 Ann-Eline Bloch Børke	09:07 14	01:00	09:07 14	01:00		
	2 Sara Lilleberg	08:54 13	01:12	18:01 15	02:11	-1	
	3 Hanne Rofstad	07:45 6	00:48	25:46 10	02:12	5	
11	IK Rindals-Troll/Surnadal IL lag 1 (230)			25:56		02:22	
	1 Gine Fugelsøy	09:02 13	00:55	09:02 13	00:55		
	2 Ann Marie Langø	09:30 19	01:48	18:32 20	02:42	-7	
	3 Ragnhild Mogstad	07:24 2	00:27	25:56 11	02:22	9	
12	Flatås IL - Ski lag 1 (228)			26:05		02:31	
	1 Marie Strøm Pedersen	09:42 20	01:35	09:42 20	01:35		
	2 Oda Marie Lorås	08:22 11	00:40	18:04 16	02:14	4	
	3 Marie Bakken Sørensen	08:01 8	01:04	26:05 12	02:31	4	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>J13-14</b>							
13	Klæbu IL - Ski lag 1 (225)			26:11		02:37	
	1 Silje Haug Sellesbakk	09:17 16	01:10	09:17 16	01:10		
	2 Camilla Husby	09:14 17	01:32	18:31 19	02:41	-3	
	3 Hinseth Vilde Emilie	07:40 5	00:43	26:11 13	02:37	6	
14	Strindheim IL lag 3 (235)			26:13		02:39	
	1 Ingrid Haugland	08:13 4	00:06	08:13 4	00:06		
	2 Ingunn Saur Kilskar	09:56 21	02:14	18:09 17	02:19	-13	
	3 Elin Forbord	08:04 9	01:07	26:13 14	02:39	3	
15	Stjørdalsblink/Skatval skilag lag 1 (226)			26:29		02:55	
	1 Vilde Reitan	09:13 15	01:06	09:13 15	01:06		
	2 Guro Elise Kvål	08:03 7	00:21	17:16 9	01:26	6	
	3 Ingrid Marie Flønes	09:13 21	02:16	26:29 15	02:55	-6	
16	Byaasen Skiklub lag 1 (227)			26:41		03:07	
	1 Ida Aagard	09:43 21	01:36	09:43 21	01:36		
	2 Camilla Johnsen	08:50 12	01:08	18:33 21	02:43	0	
	3 Line Nilsskog	08:08 10	01:11	26:41 16	03:07	5	
17	Byåsen IL lag 6 (238)			26:47		03:13	
	1 Ragnhild Eide	08:51 11	00:44	08:51 11	00:44		
	2 Marthe Nyborg	08:58 14	01:16	17:49 12	01:59	-1	
	3 Louise Lefdal	08:58 17	02:01	26:47 17	03:13	-5	
18	Hommelvik IL lag 2 (241)			26:54		03:20	
	1 Oda Svendgård	08:14 5	00:07	08:14 5	00:07		
	2 Malin Asp	09:34 20	01:52	17:48 11	01:58	-6	
	3 Caroline Spets Renå	09:06 19	02:09	26:54 18	03:20	-7	
19	Strindheim IL lag 2 (232)			26:57		03:23	
	1 Mari Moslet Holden	08:29 6	00:22	08:29 6	00:22		
	2 Ane Sofie Tønne Nesse	09:29 18	01:47	17:58 14	02:08	-8	
	3 Thea Skulbru	08:59 18	02:02	26:57 19	03:23	-5	
20	Klæbu IL - Ski lag 2 (233)			27:02		03:28	
	1 Thea Skarbo Hegge	08:55 12	00:48	08:55 12	00:48		
	2 Emma Skarbo Hegge	08:59 16	01:17	17:54 13	02:04	-1	
	3 Ida Jønland	09:08 20	02:11	27:02 20	03:28	-7	
21	Øverbygda IL lag 1 (242)			27:45		04:11	
	1 Mali Moslet	09:19 17	01:12	09:19 17	01:12		
	2 Hege Lien	10:14 22	02:32	19:33 22	03:43	-5	
	3 Ingeborg Renå	08:12 11	01:15	27:45 21	04:11	1	
22	Skatval Skilag lag 1 (239)			28:01		04:27	
	1 Ane Nielsen Solbeg	09:28 19	01:21	09:28 19	01:21		
	2 Magnhild Dahlen Aspenes	08:58 14	01:16	18:26 18	02:36	1	
	3 Nora Møller	09:35 22	02:38	28:01 22	04:27	-4	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>J15-16</b>							
1	Strindheim IL lag 1 (205)			20:59		00:00	
	1 Guro Bostad	07:33 1	00:00	07:33 1	00:00		
	2 Hanne Skulbru	06:37 2	00:07	14:10 1	00:00	0	
	3 Marte Skaanes	06:49 2	00:04	20:59 1	00:00	0	
2	Team Oppdalsbanken lag 1 (208)			22:18		01:19	
	1 Kaja Sandsten	07:35 2	00:02	07:35 2	00:02		
	2 Julie Slåen Vognild	07:47 11	01:17	15:22 5	01:12	-3	
	3 Synne Reitan	06:56 3	00:11	22:18 2	01:19	3	
3	Strindheim IL lag 2 (210)			22:21		01:22	
	1 Trine M. Holden	07:58 4	00:25	07:58 4	00:25		
	2 Thea Enge Gravdal	07:19 7	00:49	15:17 4	01:07	0	
	3 Guro Bostad	07:04 4	00:19	22:21 3	01:22	1	
4	Røros IL lag 2 (211)			22:26		01:27	
	1 Karianne Holden	08:26 9	00:53	08:26 9	00:53		
	2 Silje Gløtheim	07:15 5	00:45	15:41 8	01:31	1	
	3 Kristina Skjevdal	06:45 1	00:00	22:26 4	01:27	4	
5	Sp. Kl. Nessegutten lag 1 (206)			22:32		01:33	
	1 Ingrid R. Gustavsen	08:08 7	00:35	08:08 7	00:35		
	2 Anne Strid	07:06 3	00:36	15:14 2	01:04	5	
	3 Maren Grande	07:18 5	00:33	22:32 5	01:33	-3	
6	Leik IL Ski lag 1 (207)			22:39		01:40	
	1 Maren Unsgård	07:45 3	00:12	07:45 3	00:12		
	2 Line Sølberg	07:31 9	01:01	15:16 3	01:06	0	
	3 Maren Furutangvik	07:23 6	00:38	22:39 6	01:40	-3	
7	Byåsen IL lag 2 (209)			22:54		01:55	
	1 Emma Lysø Sommerseth	08:56 12	01:23	08:56 12	01:23		
	2 Julie Myhre	06:30 1	00:00	15:26 7	01:16	5	
	3 Emilie Lien	07:28 7	00:43	22:54 7	01:55	0	
8	Røros IL lag 1 (202)			23:15		02:16	
	1 Anette Sundt	08:27 10	00:54	08:27 10	00:54		
	2 Ida Ø. Solli	07:16 6	00:46	15:43 10	01:33	0	
	3 Anne Katrine Tønset	07:32 8	00:47	23:15 8	02:16	2	
9	Byåsen IL lag 1 (201)			23:46		02:47	
	1 Emma Arnesen	07:58 4	00:25	07:58 4	00:25		
	2 Ingeborg Eide	07:24 8	00:54	15:22 5	01:12	-1	
	3 Kristine Michelsen	08:24 11	01:39	23:46 9	02:47	-4	
10	Byaasen Skiklub lag 1 (203)			23:57		02:58	
	1 Frida Sæter	08:20 8	00:47	08:20 8	00:47		
	2 Kristine S. Nakstad	07:46 10	01:16	16:06 11	01:56	-3	
	3 Gina Mølnvik	07:51 9	01:06	23:57 10	02:58	1	
11	IL Varden lag 1 (204)			24:41		03:42	
	1 Embla Stol Øyan	08:06 6	00:33	08:06 6	00:33		
	2 Anna Kristine Steinkjer Størseth	08:30 12	02:00	16:36 12	02:26	-6	
	3 Sigrid Livik	08:05 10	01:20	24:41 11	03:42	1	
12	Hommelvik IL lag 1 (213)			25:42		04:43	
	1 Trude Renå Sand	08:30 11	00:57	08:30 11	00:57		
	2 Eiril Fuglem Renå	07:12 4	00:42	15:42 9	01:32	2	
	3 Sanne Wiik	10:00 12	03:15	25:42 12	04:43	-3	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>MJr</b>							
1	Lundamo IL - Ski lag 1 (43)			38:36		00:00	
	1 Magnus Stensås	13:28 1	00:00	13:28 1	00:00		
	2 Tor Håkon Skogstad	12:44 3	00:25	26:12 1	00:00	0	
	3 Anders Stensås	12:24 3	00:05	38:36 1	00:00	0	
2	Steinkjer Skiklubb lag 1 (42)			39:35		00:59	
	1 Frode Aas Strandvik	14:31 11	01:03	14:31 11	01:03		
	2 Hallvard R. Fjone	12:45 4	00:26	27:16 8	01:04	3	
	3 Pål Trøan Aune	12:19 1	00:00	39:35 2	00:59	6	
3	Byåsen IL lag 1 (45)			39:38		01:02	
	1 Martin Riseth	14:34 12	01:06	14:34 12	01:06		
	2 Sivert Grøtan Eriksen	12:41 2	00:22	27:15 7	01:03	5	
	3 Severin Lilleberg	12:23 2	00:04	39:38 3	01:02	4	
4	IK Rindals-Troll lag 1 (44)			40:19		01:43	
	1 Vegard Kvam	14:52 19	01:24	14:52 19	01:24		
	2 Hallvard Løfald	12:19 1	00:00	27:11 6	00:59	13	
	3 Gjernund Løfald	13:08 10	00:49	40:19 4	01:43	2	
5	Byåsen IL lag 2 (58)			40:27		01:51	
	1 Martin Hovin	14:08 4	00:40	14:08 4	00:40		
	2 Joakim Danielsen	13:10 9	00:51	27:18 9	01:06	-5	
	3 Martin Sommerseth	13:09 12	00:50	40:27 5	01:51	4	
6	Ranheim Skiklubb lag 1 (49)			40:28		01:52	
	1 Emil Vedvik	14:08 4	00:40	14:08 4	00:40		
	2 Øyvind Larsen	12:52 5	00:33	27:00 3	00:48	1	
	3 Aleksander Wisløff	13:28 16	01:09	40:28 6	01:52	-3	
7	Heimdal Ski/Melhus Ski lag 1 (46)			40:30		01:54	
	1 Thomas Ekren	14:10 8	00:42	14:10 8	00:42		
	2 Johannes Singstad Knutsen	13:39 17	01:20	27:49 12	01:37	-4	
	3 Hallgeir Haugen	12:41 5	00:22	40:30 7	01:54	5	
8	Byåsen IL lag 3 (61)			40:44		02:08	
	1 Fredrik Holthe	14:07 3	00:39	14:07 3	00:39		
	2 Christian Olsen	12:52 5	00:33	26:59 2	00:47	1	
	3 Andreas Helgemo	13:45 20	01:26	40:44 8	02:08	-6	
9	Strindheim IL lag 2 (59)			40:49		02:13	
	1 Tarjei Bakken	14:43 16	01:15	14:43 16	01:15		
	2 Espen Haugen	13:35 14	01:16	28:18 15	02:06	1	
	3 Endre Blikra	12:31 4	00:12	40:49 9	02:13	6	
10	IL Varden lag 1 (52)			41:10		02:34	
	1 Mats Iversen	14:12 9	00:44	14:12 9	00:44		
	2 Håkon Livik	13:42 19	01:23	27:54 13	01:42	-4	
	3 Espen Sonflå	13:16 14	00:57	41:10 10	02:34	3	
11	Stjørdals-Blink IL lag 1 (47)			41:11		02:35	
	1 Sondre Reitan	15:01 22	01:33	15:01 22	01:33		
	2 Eivind Haugen Furunes	13:16 11	00:57	28:17 14	02:05	8	
	3 Anders Sætherø	12:54 8	00:35	41:11 11	02:35	3	
12	Lundamo IL - Ski lag 2 (60)			41:13		02:37	
	1 Torleif Syrstad	14:09 6	00:41	14:09 6	00:41		
	2 Per Harald Skogstad	12:55 7	00:36	27:04 4	00:52	2	
	3 Ruben Helgemo	14:09 23	01:50	41:13 12	02:37	-8	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>MJr</b>							
13	Hommelvik IL lag 1 (69)			41:19		02:43	
	1 Simon Asp	14:59 21	01:31	14:59 21	01:31		
	2 Sondre Bjørkli	13:24 12	01:05	28:23 17	02:11	4	
	3 Tomas Renå	12:56 9	00:37	41:19 13	02:43	4	
14	Byåsen IL lag 4 (64)			41:23		02:47	
	1 Fredrik Riseth	13:52 2	00:24	13:52 2	00:24		
	2 Chris Endre Haugen	13:12 10	00:53	27:04 4	00:52	-2	
	3 Aleksander Riseth	14:19 24	02:00	41:23 14	02:47	-10	
15	Steinkjer Skiklubb lag 2 (57)			41:28		02:52	
	1 Sebastian Benionisen	14:40 15	01:12	14:40 15	01:12		
	2 Sindre Stiklestad	13:06 8	00:47	27:46 11	01:34	4	
	3 Henrik Skarpnor	13:42 19	01:23	41:28 15	02:52	-4	
16	Strindheim IL lag 1 (41)			41:37		03:01	
	1 Even Northug	14:09 6	00:41	14:09 6	00:41		
	2 Jørgen Blokkum	13:36 15	01:17	27:45 10	01:33	-4	
	3 Thomas Asphaug	13:52 21	01:33	41:37 16	03:01	-6	
17	Leinstrand IL lag 1 (51)			41:38		03:02	
	1 Johannes Svensen	14:44 17	01:16	14:44 17	01:16		
	2 Anders Lauglo	14:02 22	01:43	28:46 20	02:34	-3	
	3 Simen Middtun	12:52 7	00:33	41:38 17	03:02	3	
18	Orkdal IL Ski lag 1 (54)			41:44		03:08	
	1 Knut Anders Aunemo By	15:17 24	01:49	15:17 24	01:49		
	2 Ola Staveli	13:37 16	01:18	28:54 22	02:42	2	
	3 Øystein Solligård	12:50 6	00:31	41:44 18	03:08	4	
19	IL Fjellørnen lag 1 (68)			41:47		03:11	
	1 Erik Simonsen	14:53 20	01:25	14:53 20	01:25		
	2 Jon Einar Føll Flytør	13:46 20	01:27	28:39 18	02:27	2	
	3 Sindre Grønflaten	13:08 10	00:49	41:47 19	03:11	-1	
20	Skogn IL lag 1 (55)			41:57		03:21	
	1 Vegard Hoem	14:34 12	01:06	14:34 12	01:06		
	2 Anders Johan Sandberg	13:48 21	01:29	28:22 16	02:10	-4	
	3 Martin Aune	13:35 18	01:16	41:57 20	03:21	-4	
21	Frol IL lag 1 (56)			42:12		03:36	
	1 Hallgeir Aspli	14:47 18	01:19	14:47 18	01:19		
	2 Stian Sundsvik	14:09 24	01:50	28:56 23	02:44	-5	
	3 Espen Sundsvik	13:16 14	00:57	42:12 21	03:36	2	
22	Byåsen IL lag 5 (65)			42:30		03:54	
	1 Sondre Michler	14:13 10	00:45	14:13 10	00:45		
	2 Terje Magnus Sørensen	15:02 26	02:43	29:15 24	03:03	-14	
	3 Øyvind Jacobsen	13:15 13	00:56	42:30 22	03:54	2	
23	Hommelvik IL lag 2 (70)			42:47		04:11	
	1 Erling Flataker	14:38 14	01:10	14:38 14	01:10		
	2 Sondre Stormo	14:03 23	01:44	28:41 19	02:29	-5	
	3 Sindre Øwre	14:06 22	01:47	42:47 23	04:11	-4	
24	Byåsen IL lag 6 (66)			43:21		04:45	
	1 Christoffer Røkke	16:07 26	02:39	16:07 26	02:39		
	2 Kristian Erichsen	13:40 18	01:21	29:47 25	03:35	1	
	3 Martin Pettersen	13:34 17	01:15	43:21 24	04:45	1	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>MJr</b>							
25	Leik IL/Flå IL lag 1 (53)			44:38		06:02	
	1 Ingebrigt Eid	15:21 25	01:53	15:21 25	01:53		
	2 Ole Kristian Stav	13:30 13	01:11	28:51 21	02:39	4	
	3 Andreas Sølberg	15:47 27	03:28	44:38 25	06:02	-4	
26	Strindheim IL lag 3 (62)			45:11		06:35	
	1 Martin Andreas Rindalsholt	15:02 23	01:34	15:02 23	01:34		
	2 Martin Skogset	15:23 27	03:04	30:25 26	04:13	-3	
	3 Amund Blikra	14:46 26	02:27	45:11 26	06:35	0	
27	Steinkjer Skiklubb lag 3 (63)			46:21		07:45	
	1 Håkon Vikhagen	17:00 27	03:32	17:00 27	03:32		
	2 Truls Trøan Aune	14:36 25	02:17	31:36 27	05:24	0	
	3 Sindre Schiefloe	14:45 25	02:26	46:21 27	07:45	0	
DNS	Leksvik IL Ski lag 1 (50)						
	1 Lars Kristian Tronstad						
	2 Sture Ramdal						
	3 Lars Erik Sundgot Grande						
DNF	IL Trønder-Lyn lag 1 (48)						
	1 Olav Kregnes	20:18	06:50	20:18	06:50		
	2 Sivert Eidsmo	10:01	-02:18	30:19	04:07	0	
	3						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>MSen</b>							
1	Byåsen IL lag 1 (1)			1:16:52		00:00	
	1 Didrik Tønseth	26:05 1	00:00	26:05 1	00:00		
	2 Chris Jespersen	24:48 4	00:29	50:53 1	00:00	0	
	3 Ole Marius Bach	25:59 7	01:30	1:16:52 1	00:00	0	
2	Strindheim IL lag 1 (3)			1:16:55		00:03	
	1 John Kristian Dahl	26:06 2	00:01	26:06 2	00:01		
	2 Ola Berg Fines	24:47 2	00:28	50:53 1	00:00	1	
	3 Thomas Northug	26:02 8	01:33	1:16:55 2	00:03	-1	
3	Leksvik IL/Tydal IL lag 1 (4)			1:17:03		00:11	
	1 Kent Ove Clausen	27:47 10	01:42	27:47 10	01:42		
	2 Andreas Myran Steen	24:47 2	00:28	52:34 6	01:41	4	
	3 Anders Tettli Rennemo	24:29 1	00:00	1:17:03 3	00:11	3	
4	Skogn IL lag 1 (2)			1:17:35		00:43	
	1 Johan Kjølstad	27:39 8	01:34	27:39 8	01:34		
	2 Anders Myrland	24:50 5	00:31	52:29 5	01:36	3	
	3 Martin Hammer	25:06 4	00:37	1:17:35 4	00:43	1	
5	Byåsen IL lag 3 (22)			1:17:36		00:44	
	1 Kristian Riseth Hammer	27:14 6	01:09	27:14 6	01:09		
	2 Sondre Oldervoll	25:39 8	01:20	52:53 8	02:00	-2	
	3 Arve Lien Johnsen	24:43 2	00:14	1:17:36 5	00:44	3	
6	Byåsen IL lag 2 (20)			1:17:37		00:45	
	1 Einar Ulsund	27:47 10	01:42	27:47 10	01:42		
	2 Tore Berdal	25:07 7	00:48	52:54 9	02:01	1	
	3 Daniel Myrmæl Helgestad	24:43 2	00:14	1:17:37 6	00:45	3	
7	Henning Skilag lag 1 (6)			1:17:42		00:50	
	1 Jonas Austmo Kolstad	26:07 3	00:02	26:07 3	00:02		
	2 Eirik Lorentsen	26:15 12	01:56	52:22 4	01:29	-1	
	3 N N	25:20 5	00:51	1:17:42 7	00:50	-3	
8	Klæbu IL - Ski lag 1 (5)			1:18:20		01:28	
	1 Eirik Telebond	27:47 10	01:42	27:47 10	01:42		
	2 Ronny Fredrik Ansnes	24:19 1	00:00	52:06 3	01:13	7	
	3 Kenneth Flåøyen	26:14 9	01:45	1:18:20 8	01:28	-5	
9	IL Varden lag 1 (12)			1:19:21		02:29	
	1 Emil Iversen	26:42 5	00:37	26:42 5	00:37		
	2 Thomas Albertsen Dahlen	26:01 11	01:42	52:43 7	01:50	-2	
	3 Andreas Veerpalu	26:38 12	02:09	1:19:21 9	02:29	-2	
10	Orkdal IL Ski lag 1 (13)			1:20:27		03:35	
	1 Sverre Solligård	28:47 15	02:42	28:47 15	02:42		
	2 Håkon Selvnes	25:48 10	01:29	54:35 12	03:42	3	
	3 Eirik Selvnes	25:52 6	01:23	1:20:27 10	03:35	2	
11	Ålen IL lag 1 (17)			1:21:14		04:22	
	1 Magnus Moholt	26:41 4	00:36	26:41 4	00:36		
	2 Even Moholt	26:49 15	02:30	53:30 10	02:37	-6	
	3 Ola Nesvold	27:44 15	03:15	1:21:14 11	04:22	-1	
12	Strindheim IL lag 2 (19)			1:21:15		04:23	
	1 Vidar Undebakke	27:49 13	01:44	27:49 13	01:44		
	2 Erik Bakkejord	26:19 13	02:00	54:08 11	03:15	2	
	3 Ola Lyng Northug	27:07 13	02:38	1:21:15 12	04:23	-1	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
<b>MSen</b>							
13	Meldal Ski lag 1 (11)			1:22:26		05:34	
	1 Ole Nicolaisen	31:07 22	05:02	31:07 22	05:02		
	2 Hans Petter Lykkja	24:58 6	00:39	56:05 16	05:12	6	
	3 Martin Muan	26:21 10	01:52	1:22:26 13	05:34	3	
14	IL Trønder-Lyn lag 1 (7)			1:22:32		05:40	
	1 Andreas Dahlø Wærnes	29:31 17	03:26	29:31 17	03:26		
	2 Tommy Grøtte	26:31 14	02:12	56:02 15	05:09	2	
	3 Per Egil Bjørgen	26:30 11	02:01	1:22:32 14	05:40	1	
15	IK Rindals-Troll lag 1 (18)			1:23:55		07:03	
	1 Morten Svinsås	29:55 20	03:50	29:55 20	03:50		
	2 Lars Moholdt	25:43 9	01:24	55:38 14	04:45	6	
	3 Pål Sande	28:17 17	03:48	1:23:55 15	07:03	-1	
16	Selbu IL Ski lag 1 (9)			1:24:30		07:38	
	1 Torkjell Dyrdal	29:37 18	03:32	29:37 18	03:32		
	2 Steinar Eidem	27:10 16	02:51	56:47 17	05:54	1	
	3 Gaute Solem Haugen	27:43 14	03:14	1:24:30 16	07:38	1	
17	Børsa/Krokstadøra/Orkanger lag 1 (16)			1:25:40		08:48	
	1 Johan Riseth Hammer	27:46 9	01:41	27:46 9	01:41		
	2 Thomas Staveli	29:05 20	04:46	56:51 18	05:58	-9	
	3 Runar Flønes	28:49 18	04:20	1:25:40 17	08:48	1	
18	Strindheim IL/IL Hållingen lag 1 (21)			1:27:33		10:41	
	1 Audun Thonstad	32:07 23	06:02	32:07 23	06:02		
	2 Øyvind Skaanes	27:14 17	02:55	59:21 20	08:28	3	
	3 Eirik Fjær Skåre	28:12 16	03:43	1:27:33 18	10:41	2	
19	Byaasen Skiklub lag 1 (14)			1:27:54		11:02	
	1 Mathias Rundgreen	27:15 7	01:10	27:15 7	01:10		
	2 Jacob Storli	28:18 18	03:59	55:33 13	04:40	-6	
	3 Bjørn Moe	32:21 22	07:52	1:27:54 19	11:02	-6	
20	Kattem IL lag 1 (15)			1:30:32		13:40	
	1 Sondre Mæhre	30:17 21	04:12	30:17 21	04:12		
	2 Kim André Langørgen	28:38 19	04:19	58:55 19	08:02	2	
	3 Rune Sæther Elven	31:37 21	07:08	1:30:32 20	13:40	-1	
21	Team Øverste Hylle lag 1 (24)			1:32:49		15:57	
	1 Kristian Grøv	29:51 19	03:46	29:51 19	03:46		
	2 Christian Alstad	32:46 23	08:27	1:02:37 22	11:44	-3	
	3 Guttorm Nygård	30:12 20	05:43	1:32:49 21	15:57	1	
22	Comeback 11 lag 1 (26)			1:33:17		16:25	
	1 Johan Endre Holmen	32:31 24	06:26	32:31 24	06:26		
	2 Haakon Egeland	30:54 21	06:35	1:03:25 23	12:32	1	
	3 Fredrik Lurvik	29:52 19	05:23	1:33:17 22	16:25	1	
23	Kyrksæterøra IL - Ski lag 1 (8)			1:34:57		18:05	
	1 Eirik Kvernstad	28:47 15	02:42	28:47 15	02:42		
	2 Magnus Lie	31:52 22	07:33	1:00:39 21	09:46	-6	
	3 Lars Ove Aunli	34:18 24	09:49	1:34:57 23	18:05	-2	
24	Team Nest Sisteplass lag 1 (27)			1:42:54		26:02	
	1 Martin Fremo Lefdal	35:33 25	09:28	35:33 25	09:28		
	2 Joacim Jacobsen	33:25 24	09:06	1:08:58 24	18:05	1	
	3 Thomas Fremo	33:56 23	09:27	1:42:54 24	26:02	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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MSen

DNF Strindheim IL lag 4 (25)

1	Lars Ramstad	32:45	06:40	32:45	06:40		
2	Jon Anders Kråkenes	41:05	16:46	1:13:50	22:57	0	
3							

Byåsen IL lag 4 (23)

1	Marius Geving	28:30 14	02:25	28:30 14	02:25		
2							
3							

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MVet

1	Ranheim Skiklubb lag 1 (30)			42:44		00:00	
	1 Olaf Lurvik	15:03 3	00:52	15:03 3	00:52		
	2 Christian Eirik Johnsen	14:12 3	00:09	29:15 3	01:01	0	
	3 Kristian Sveaas Skrødal	13:29 1	00:00	42:44 1	00:00	2	
2	Byåsen IL lag 1 (28)			43:06		00:22	
	1 Tor Skaa Michelsen	14:11 1	00:00	14:11 1	00:00		
	2 Bjarne Rønn Valås	14:03 1	00:00	28:14 1	00:00	0	
	3 Terje Als Drøyvold	14:52 3	01:23	43:06 2	00:22	-1	
3	Byåsen IL lag 2 (29)			43:07		00:23	
	1 Torbjørn Mæhlumsveen	15:02 2	00:51	15:02 2	00:51		
	2 Eigil Lyng	14:05 2	00:02	29:07 2	00:53	0	
	3 Stig Arne Erichsen	14:00 2	00:31	43:07 3	00:23	-1	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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